Ten guidelines regarding alternative medicine in the Christian context (Dr. Samuel Pfeifer)

- WE AFFIRM a holistic view of the human existence in all its dimensions however on the foundation of the word of God and the Biblical image of the person.
 WE REJECT a syncretistic pantheistic view of life which has its roots in esoteric assumptions.
- WE AFFIRM responsibility and discretion in the use of medical technology.
 WE REJECT the unscientific substitution of proven medical treatments by alternative "natural" or magical-spiritual therapies without sufficient base of evidence.
- 3. WE AFFIRM the desire to view illness and healing within a context which includes spiritual aspects. WE REJECT a cosmic view of disease on the background of Eastern and mystical spirituality.
- WE AFFIRM the supporting of God-given self-healing processes of our bodies.
 WE REJECT a psychological ideology of self realization and mystical techniques to enhance self-healing by Eastern meditation or energetic channelling.
- WE AFFIRM Biblical meditation, meaning the study of the Word of God and meditative prayers within the Christian context.
 WE REJECT spiritual techniques which lead a person to draw upon inner energies, autosuggestion or contacting spiritual forces.
- 6. WE AFFIRM the laying of hands and healing prayer over a sick person, following the instruction in James 5.

WE REJECT the laying of hands and massage with the goal to transfer "healing energies" on a patient.

- WE AFFIRM an openness for supernatural healing and miracles through the ministry of the Holy Spirit in the community of a Christian church and the context of the Gospel.
 WE REJECT "spirit healing" with the help of occult powers and spiritual energies.
- 8. WE AFFIRM the necessity to confess and to turn from occult practices. If the spiritual background of a healing method is unclear, rather advise to do without it. WE REJECT a premature and ill-founded explanation of mental and physical symptoms as a sign of "occult bondage" caused by alternative treatment.
- WE AFFIRM the reality of human frailty, temptation and weakness.
 WE REJECT the notion that good health is an expression of harmony with God.
- 10. WE AFFIRM that God may use suffering to help a person to grow in faith or that he may show his strength in weakness. The Christian church has a substantial calling to care in a holistic way for suffering members, including not only healing but also supporting the weak
 - (1. Thessalonians 5:14).